

REST

To live counter to our culture of urgency and business through a rhythm of work and rest.
(Ex 20:8-11, Matt 11:28-30).

Recommended Listening

Experiencing God's Presence Daily: Rest

Fireside Messages: Kate Bauer

Rule of Life Podcast: Sabbath Series

Practicing the Way

Recommended Reading

Rhythms of Work and Rest

Ruth Haley Barton

The Ruthless Elimination of Hurry

John Mark Comer

Practice

Take the first step in practicing Sabbath with your Crew or other Fireside community.

[Practicing the Way](#)

We will continue to build this list as we learn
and practice what it means to follow Jesus together.